

Breakfast & Snack Menu



Spring/Summer 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p><i>Breakfast:</i> Cereal: Cheerios, Life Apples Milk*</p> <p><i>Snack:</i> Whole Grain Goldfish Crackers Seedless Watermelon Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Hard-Boiled Eggs Canned Pears Milk*</p> <p><i>Snack:</i> Yogurt Strawberries Crushed Graham Crackers Water</p>	<p><i>Breakfast:</i> Oatmeal w/ Raisins and Cinnamon Bananas Milk*</p> <p><i>Snack:</i> Carrot Sticks Hummus Water</p>	<p><i>Breakfast:</i> Whole Wheat Bagels Applesauce Milk*</p> <p><i>Snack:</i> Cottage Cheese Canned Peaches Water</p>	<p><i>Breakfast:</i> Raisin Bread Oranges Milk*</p> <p><i>Snack:</i> Trail Mix (Cheerios, Life Cereal, Raisins) Bananas Water</p>
II	<p><i>Breakfast:</i> Cereal: Cheerios, Life Oranges Milk*</p> <p><i>Snack:</i> Whole Wheat Pita Bread Sun-Butter Water</p>	<p><i>Breakfast:</i> Yogurt Peaches Cheerios Milk*</p> <p><i>Snack:</i> Cheese Sticks Tropical Fruit Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Sun-Butter Milk*</p> <p><i>Snack:</i> Cucumber Hummus Water</p>	<p><i>Breakfast:</i> Cream of Wheat W/ Raisins and Cinnamon Bananas Milk*</p> <p><i>Snack:</i> Whole Grain Goldfish Crackers Oranges Water</p>	<p><i>Breakfast:</i> Whole Wheat English Muffin Hard-Boiled Eggs Canned Pears Milk*</p> <p><i>Snack:</i> Graham Crackers Cantaloupe Water</p>
III	<p><i>Breakfast:</i> Cereal: Cheerios, Life Canned Pears Milk*</p> <p><i>Snack:</i> Assorted Crackers Seedless Watermelon Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Hard-Boiled Eggs Apples Milk*</p> <p><i>Snack:</i> Cottage Cheese Canned Peaches Water</p>	<p><i>Breakfast:</i> Oatmeal W/ Raisins and Cinnamon Bananas Milk*</p> <p><i>Snack:</i> Sliced Red Peppers Hummus Water</p>	<p><i>Breakfast:</i> Raisin Bread Oranges Milk*</p> <p><i>Snack:</i> Yogurt Strawberries Crushed Graham Crackers Water</p>	<p><i>Breakfast:</i> Whole Wheat English Muffin Applesauce Milk*</p> <p><i>Snack:</i> Sun-Butter Bananas Water</p>
IV	<p><i>Breakfast:</i> Cereal: Cheerios, Life Applesauce Milk*</p> <p><i>Snack:</i> Graham Crackers Cantaloupe Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Peaches Milk*</p> <p><i>Snack:</i> Trail Mix (Cheerios, Life Cereal, Raisins) Bananas Water</p>	<p><i>Breakfast:</i> Yogurt Cheerios Canned Pears Milk*</p> <p><i>Snack:</i> Tomatoes Cheese Sticks Water</p>	<p><i>Breakfast:</i> Cream of Wheat W/ Raisins and Cinnamon Strawberries Milk*</p> <p><i>Snack:</i> Apples Sun-Butter Water</p>	<p><i>Breakfast:</i> Whole Wheat Bagels Hard-Boiled Eggs Oranges Milk*</p> <p><i>Snack:</i> Whole Grain Goldfish Crackers Bananas Water</p>

*Milk served is Whole, Non-fat, or Soy

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Juice is not served for any meals.